

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
LOCATION CODES: MD-Main Dining Room AF-All Floors RL-Resident's Lounge OC-Outside Courtyard		10:30 Exercise 1 Group(MD) 2:30 Movie Matinee(MD) 2:30 Room Visits(1,3,2)	10:30 Balloon 2 Toss(MD) 2:30 Women's & Men's Social Group(MD) 	11:00 Music 3 Appreciation(AF) 2:30 You Be the Judge Trivial Pursuit(MD) 2:30 Room Visits(1,4)	10:30 Exercise 4 Group(MD) 2:30 Karaoke Fun(MD) 	11am Room 5 Visits(AF) 1pm Room Visits(AF)	
	11am Bible 6 Scripture Readings(AF) 1pm Room Visits(AF)	11:00 Room 7 Visits(AF) 2:30 Room Visits(AF) <small>Labor Day</small>	10:30 Family 8 Visits(OC)/ Virtual Calls(AF) 2:30 Family Visits(OC)/Virtual Calls(AF)	10:30 Family 9 Visits(OC)/ Virtual Calls (AF) 2:30 Family Visits(OC)/Virtual Calls (AF)	10:30 Family 10 Visits(OC)/ Virtual Calls(AF) 2:30 Family Visits(OC)/ Virtual Calls(AF)	10:30 Family 11 Visits(OC)/Virtual calls(AF) 2:30 Family Visits(OC)/Virtual Calls(AF)	11am Room 12 Visits(AF) 1pm Room Visits(AF)
	11am Bible 13 Scripture Readings(AF) 1pm Room Visits(AF) <small>Grandparents Day</small>	10:30 Sing 14 Along(MD) 2:30 Arts 'N' Craft(MD) 2:30 Room Visits(1,3)	10:30 Balloon 15 Toss(MD) 2:30 Call out the Answer(MD) 2:30 Room Visits(1,2)	10:30 Exercise 16 Group(MD) 2:30 Table Top Games(MD) 2:30 Room Visits(1,5)	11:00 Music 17 Appreciation(AF) 2:30 Women's & Men's Group(MD)	10:30 Name 18 That Tune(MD) 2:30 Karaoke Time(MD) <small>Rosh Hashanah Begins</small>	11am Room 19 Visits(AF) 1pm Room Visits(AF) <small>Oktoberfest Begins</small>
	11am Bible 20 Scripture Readings(AF) 1pm Room Visits(AF)	10:30 Family 21 Visits(OC)/Virtual Calls(AF) 2:30 Family Visits(OC)/Virtual Calls(AF)	10:30 Family 22 Visits(OC)/Virtual Calls(AF) 2:30 Family Visits(OC)/Virtual Calls(AF) <small>Autumn Begins</small>	10:30 Family 23 Visits(OC)/Virtual Calls(MD) 2:30 Family Visits(OC)/Virtual Calls(AF)	10:30 Family 24 Visits(OC)/Virtual Calls(AF) 2:30 Family Visits(OC)/Virtual Calls(AF)	10:30 Family 25 Visits(OC)/Virtual Calls(MD) 2:30 Family Visits(OC)/Virtual Calls(AF)	11am Room 26 Visits(AF) 1pm Room Visits(AF)
	11am Bible 27 Scripture Readings(AF) 1pm Room Visits <small>Yom Kippur Begins</small>	10:30 Exercise 28 Group(MD) 2:30 BINGO(MD) BINGO!	10:30 Memory 29 Magic(MD) 2:30 Movie Matinee(MD)	10:30 Sing 30 Along(MD) 2:30 Women's & Men's Group(MD)	 <p style="text-align: center;"> September 2020 INSPIRE HEALTH & REHAB CENTER 2131 OST. NW, WDC 20037 </p>		

ALL ACTIVITIES ARE SUBJECT TO CHANGE!